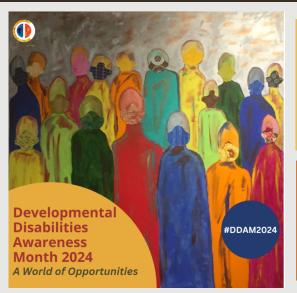
Developmental Disability Awareness Month

STAY TUNED FOR UPCOMING EVENTS!



Every March the National Association of Councils on Developmental Disabilities seeks to raise awareness about the inclusion of people with developmental disabilities in all facets of community life, as well as awareness of the barriers that people with disabilities still sometimes face in connecting to the communities in which they live.

DDAM 2024 Theme: A World of Opportunities

"A World of Opportunities" – we're celebrating people and working together to remove obstacles. Our goal is to build a community that's committed to creating a world where everyone can do well and succeed. Join us in making a world where all kinds of people have the chance to thrive.

JOIN FAMILIES HELPING FAMILIES IN SPREADING DEVELOPMENTAL DISABILITY AWARENESS IN NE LA!

March CALENDAR OF EVENTS

<u>March 1</u>: Upload a Cover Photo That Celebrates Developmental Disabilities Awareness Month to your social media.

<u>March 2</u>: <u>Learn about respectful disability awareness</u> <u>culture.</u> (click to learn more)

<u>March 3</u>: <u>Celebrate World Hearing Day for hearing loss</u> <u>awareness.</u> <u>Check out this hearing loss simulation.</u> (Click to learn more)

<u>March 4</u>: <u>Celebrate National Traumatic Brain injury day</u> <u>and learn about the Brain Injury Association of Louisiana</u>. (click to learn more)

<u>March 5</u>: <u>Learn to spell your name in American Sign</u> <u>Language (ASL).</u> (click for chart)

<u>March 6</u>: Make a charitable donation to a disability organization.

March 7: Learn about People First language. (click to learn more). Take the pledge to end the use of the R-word. (click here for more)

March 8: Have a child with a disability in NELA? Register for Dixie Diehards Spring baseball by March 15th. (click for sign-up link)

<u>March 9</u>: <u>Join the Louisiana Council's Advocacy Network</u> <u>to learn about disability issues</u>. (click link)

<u>March 10</u>: Read the <u>Developmental Disabilities Assistance</u> and <u>Bill of Rights Act.</u> (click to learn more)

<u>March 11</u>: Take a picture at the NEDHSA Developmental Disabilities Mural (location: 2324 Armand Connector) and post to social media. Tag the FHFNELA and Northeast Delta HSA's Facebook pages.

March 12: Attend FHF Training on Social Security.** (click to register).

<u>March 13</u>: Download the Vision Sim app (free) for iOS by the Braille Institute to learn about living with visual impairments.

March 14: Attend FHF Webinar on Accommodations vs. Modifications. **(click to register).

<u>March 15</u>: <u>Learn about Louisiana's Assistive Technology</u> <u>Access Network.</u> (click to learn more) March 16: Visit SMILE's Park inclusive playground @Kiroli Park.

<u>March 17</u>: 28 Kid-Friendly St. Patrick's Day sensory <u>activities</u> (click to learn more)

<u>March 18</u>: Wear blue to celebrate Trisomy 18 awareness day!

<u>March 19</u>: Share a special picture with your family members with a disability to social media.

<u>March 20</u>: Attend "Yellow Shirt Day" at the Capitol in Baton Rouge. (Tentative. Call 318-361-0487 to confirm)

March 21: Celebrate World Down Syndrome Day with Crazy Socks! (click to learn more)

<u>March 22</u>: <u>Learn about Statewide Independent Living resources for adults with disabilities.</u> (click to learn more)

<u>March 23</u>: Visit the LA Purchase Gardens Zoo and take a ride on their ADA compliant train.

<u>March 24</u>: <u>Learn about the Louisiana Developmental</u> <u>Disabilities Council.</u> (click link)

March 25: Wear green to celebrate National Cerebral Palsy Day! (click to learn more); Attend FHF training on "Learn the Signs, Act Early". (Visit our website to register.)

<u>March 26</u>: Wear purple to celebrate National Epilepsy Awareness day! Tag us on FB/ <u>Attend FHF Webinar on</u> <u>Section 504.</u> (click to register)

March 27: Wear Orange for DD Awareness!

<u>March 28</u>: Attend FHF "Supports and Services for Person-Centered Care" Webinar. (Visit our website to register).

<u>March 29</u>: <u>Share resources on disability voting rights</u> <u>with friends and family.</u> (click for learn more)

March 30: Sensory-Friendly Easter activities for kids.

March 31: Visit the North LA Autism Society website for resources (click link) and get ready for Autism Awareness month in April.

OPEN HOUSE March 25th-28th

Visit our office at 5200 NE Road in Monroe this week between 11A-1PM to pick up a "Go Bag" filled with goodies and information more about community programs and services.

Limited availability.

TAKE A WEBINAR

Join in on a disability webinar this month. **(See calendar above for dates.) All webinar attendees will receive (1) entry per webinar attended in a drawing for a \$50 giftcard to be held live on FB March 29th.

ORANGE RIBBON

Pick up your orange ribbon after March 6th in honor of DD AWARENESS from the Families Helping Families office to wear all month. #tag our Families Helping Families of NELA FB page.

For questions or more information, please call 318-361-0487 or visit our website at www.fhfnela.org

Families Helping Families Organization's Mission

FHFNELA provides information and referral, education and training, peer to peer support, and advocacy training to strengthen and empower families in achieving the ultimate goal of full inclusion for individuals with disabilities.

